

Pl.	Name, Vorname	Verein	Geb	KG	Kniebeugen				Bankdrücken				Kreuzheben				Total	Wilks	Pkt	
					V1	V2	V3	KB	V1	V2	V3	BD	Sub	V1	V2	V3				KH
<b>Frauen - Aktive - 63 kg</b>																				
1	Dina Pohl	Aachener Kraftsport e.V.	08.11.89	62,4	80,0	90,0	-95,0	90,0	40,0	47,5	-50,0	47,5	137,5	92,5	100,0	-105,0	100,0	237,5	256,9275	12
<b>Frauen - Aktive - 72 kg</b>																				
1	Tetyana Holm	KSV Essen 1888	13.11.81	71,8	97,5	105,0	110,0	110,0	57,5	60,0	62,5	62,5	172,5	102,5	110,0	120,0	120,0	292,5	286,0358	12
<b>Männer - Junioren - 74 kg</b>																				
1	Saadi Zierl	Aachener Kraftsport e.V.	24.07.93	72,9	165,0	177,5	-182,5	177,5	107,5	115,0	122,5	122,5	300,0	195,0	215,0	-222,5	215,0	515,0	374,4565	12
<b>Männer - Junioren - 83 kg</b>																				
1	Steffen Kalz	Aachener Kraftsport e.V.	09.08.95	82,0	-175,0	175,0	185,0	185,0	110,0	117,5	125,0	125,0	310,0	190,0	205,0	-225,0	205,0	515,0	346,286	12
2	Jan Oppenberg	VfL Duisburg Süd	21.07.96	81,7	177,5	185,0	192,5	192,5	95,0	-100,0	105,0	105,0	297,5	185,0	200,0	205,0	205,0	502,5	338,6348	9
3	Kevin Keller	VfL Duisburg Süd	05.07.96	74,3	165,0	170,0	175,0	175,0	107,5	115,0	-120,0	115,0	290,0	180,0	190,0	-195,0	190,0	480,0	344,304	8
4	Sebastian Schwarz	KSV Essen 1888	04.05.95	80,2	150,0	-160,0	v	150,0	105,0	115,0	-125,0	115,0	265,0	190,0	200,0	-210,0	200,0	465,0	316,944	7
5	Dmitry Sidorov	Aachener Kraftsport e.V.	29.11.93	79,7	140,0	150,0	157,5	157,5	115,0	122,5	-127,5	122,5	280,0	165,0	182,5	-195,0	182,5	462,5	316,4888	6
6	Wilhelm Biniok	Aachener Kraftsport e.V.	26.09.93	80,7	125,0	130,0	135,0	135,0	92,5	97,5	102,5	102,5	237,5	175,0	185,0	195,0	195,0	432,5	293,6675	5
7	Alexander Hammers	Aachener Kraftsport e.V.	23.02.96	82,4	110,0	125,0	140,0	140,0	82,5	90,0	95,0	95,0	235,0	155,0	170,0	180,0	180,0	415,0	278,216	4
8	Sebastian Reijman	Aachener Kraftsport e.V.	19.09.97	83,0	115,0	125,0	130,0	130,0	85,0	-92,5	95,0	95,0	225,0	150,0	165,0	175,0	175,0	400,0	267,000	3
<b>Männer - Junioren - 93 kg</b>																				
1	Emre Demirdelen	Kölner AC	21.06.96	92,0	185,0	200,0	210,0	210,0	150,0	160,0	-165,0	160,0	370,0	205,0	220,0	230,0	230,0	600,0	378,900	12
2	Felix Adam	Aachener Kraftsport e.V.	25.10.93	91,5	175,0	187,5	200,0	200,0	120,0	130,0	140,0	140,0	340,0	210,0	225,0	240,0	240,0	580,0	367,198	9
3	Jannis Küpper	Aachener Kraftsport e.V.	30.04.94	90,5	170,0	-180,0	190,0	190,0	100,0	110,0	-115,0	110,0	300,0	210,0	225,0	232,5	232,5	532,5	338,9895	8
4	Fabian Meyer	Aachener Kraftsport e.V.	31.03.97	88,7	155,0	165,0	180,0	180,0	110,0	120,0	-125,0	120,0	300,0	205,0	220,0	230,0	230,0	530,0	340,896	7
<b>Männer - Junioren - 105 kg</b>																				
1	Felix Kappmeyer	KSV Essen 1888	26.06.96	99,6	180,0	-200,0	205,0	205,0	142,5	152,5	160,0	160,0	365,0	232,5	252,5	v.	252,5	617,5	376,428	12
2	Tobias Tolksdorf	KSV Essen 1888	22.09.93	98,6	190,0	205,0	-210,0	205,0	135,0	145,0	150,0	150,0	355,0	250,0	v.	v.	250,0	605,0	370,3205	9
<b>Männer - Junioren - 120 kg</b>																				
1	Fabian Bours	AC Homberg	11.12.93	110,5	200,0	-210,0	210,0	210,0	180,0	-185,0	-185,0	180,0	390,0	260,0	270,0	-280,0	270,0	660,0	387,882	12
<b>Männer - Aktive - 83 kg</b>																				
1	Kevin Boateng	TAV Germ. Düsseldorf	16.02.92	79,0	170,0	-180,0	v	170,0	125,0	135,0	v	135,0	305,0	200,0	230,0	260,0	260,0	565,0	388,833	12
2	Thomas Glanz	Aachener Kraftsport e.V.	09.10.86	82,3	152,5	167,5	-175,0	167,5	95,0	100,0	105,0	105,0	272,5	-185,0	195,0	205,0	205,0	477,5	320,3548	9
3	Thorsten Lahn	KSV Essen 1888	22.10.86	81,9	140,0	150,0	-160,0	150,0	102,5	105,0	110,0	110,0	260,0	170,0	185,0	-192,5	185,0	445,0	299,4405	8

<b>Männer - Aktive - 93 kg</b>																				
1	Marvin Boms	KSV Essen 1888	18.06.91	90,1	150,0	160,0	170,0	170,0	105,0	115,0	120,0	120,0	290,0	170,0	200,0	210,0	210,0	500,0	319,000	12
2	Jürgen Pfohl	Kölner AC	01.12.78	88,3	145,0	150,0	-155,0	150,0	125,0	130,0	-132,5	130,0	280,0	200,0	-205,0	v	200,0	480,0	309,456	9
3	Daniel Mattern	VfL Duisburg Süd	31.07.91	86,1	132,5	140,0	150,0	150,0	92,5	97,5	-100,0	97,5	247,5	170,0	180,0	-185,0	180,0	427,5	279,414	8
<b>Männer - Aktive - 105 kg</b>																				
1	Pirov Rustam	Kölner AC	01.07.86	104,3	210,0	220,0	-227,5	220,0	165,0	175,0	-182,5	175,0	395,0	235,0	245,0	252,5	252,5	647,5	387,8525	12
2	Matthias Krusche	KSV Essen 1888	27.08.91	103,9	165,0	-180,0	185,0	185,0	105,0	115,0	-120,0	115,0	300,0	190,0	-205,0	205,0	205,0	505,0	302,899	9
<b>Männer - Aktive - 120 kg</b>																				
1	Dominik Jackwerth	Kölner AC	28.01.84	117,2	-225,0	230,0	-235,0	230,0	140,0	147,5	-155,0	147,5	377,5	230,0	240,0	-250,0	240,0	617,5	357,0385	12
2	Christian Rolef	Kölner AC	21.12.90	114,4	-145,0	150,0	160,0	160,0	-110,0	110,0	-115,0	110,0	270,0	205,0	215,0	225,0	225,0	495,0	288,0405	9
<b>Männer - AK I - 105 kg</b>																				
1	Christian Stoebke	VfL Duisburg Süd	06.10.76	103,7	127,5	135,0	140,0	140,0	80,0	90,0	-100,0	90,0	230,0	155,0	162,5	167,5	167,5	397,5	238,5795	12
<b>Männer - AK II - 83 kg</b>																				
1	Holger Ippers	VfL Duisburg Süd	25.10.60	77,5	90,0	100,0	105,0	105,0	90,0	100,0	v.	100,0	205,0	140,0	150,0	155,0	155,0	360,0	250,884	12
<b>Männer - AK II - 93 kg</b>																				
1	Dirk Riedel	Powerlifting Duisburg	04.05.66	90,1	90,0	110,0	v	110,0	80,0	100,0	v.	100,0	210,0	150,0	180,0	200,0	200,0	410,0	261,580	12
<b>Männer - AK II - 105 kg</b>																				
1	Rolf Dilbat	Powerlifting Duisburg	29.03.63	103,7	200,0	215,0	230,0	230,0	167,5	180,0	-185,0	180,0	410,0	230,0	-255,0	255,0	255,0	665,0	399,133	12
<b>Männer - AK II - 120+ kg (EQ)</b>																				
1	Michael Jäger	Powerlifting Duisburg	05.03.64	132,2	125,0	200,0	v	200,0	-125,0	125,0	145,0	145,0	345,0	125,0	205,0	255,0	255,0	600,0	338,340	12
<b>Männer - AK III - 83 kg</b>																				
1	Günter Runniger	Powerlifting Duisburg	08.07.52	79,0	120,0	v	v	120,0	100,0	107,5	v.	107,5	227,5	150,0	v	v	150,0	377,5	259,7955	12